



惜物 換物

環保回收計劃

SWAP 'n' Go Green

2026年3月22日 (星期日)
貝沙灣1期8座迴旋處

10:00-18:00
(午膳時間 13:00-14:00)

活動目的

收集物品

只回收以下物品：

可重用之舊衣服、鞋、手袋、毛公仔、
玩具、小型電器 (小於 60×60×60cm)

請支持香港地球之友「惜物・換物」環保回收計劃，
捐出打算捨棄而狀況良好的物件換取實用小禮品，
藉此讓二手物件分享給有需要的人並幫助減少都市
固體廢物，同時亦希望鼓勵大家養成回收好習慣，
實踐低碳生活！ **參與活動前，務必查看下列免責聲明。

換物指引

3kg - 5kg

紙巾 1 卷

6kg - 10kg

紙巾 1 卷 + 飲品 1 包

11kg - 20kg

紙巾 2 卷 + 飲品 1 包

21kg - 30kg

紙巾 1 卷 + 去污液 1 支 + 飲品 1 包

31kg - 40kg

去污液 1 支 + 食用油 1 支

41kg 或以上

去污液 1 支 + 食用油 1 支 + 紙巾 2 卷 +
飲品 1 包

按重量計
換取
家用小禮品*

*請參閱附圖之換物指引

*免責聲明：

1. 若天文台在活動開始前兩小時或活動期間懸掛紅色或黑色暴雨警告信號、三號或以上颱風信號，或活動前/期間遇上惡劣天氣，活動將會縮短或取消。請於回收前致電屋苑了解詳情。2. 回收物品計重至小數點後一位，並以四捨五入計算。禮品數量有限，換完即止。3. 其他回收物品，本會將按情況收取，並保留最終決定權。4. 所有活動照片、影像或肖像，本會擁有絕對使用權。5. 任何個人損失或傷害；任何直接或間接所導致的損失（不論人身傷亡或財物損失），參加者應自行負責攜來之財物的安全，如於活動前後或中途發生任何損傷，損失或失竊，FoE (HK) 或任何相關工作人員恕不負責，參加者不得提出索償或追討責任。6. 任何在回收時/回收點附近遺留的物品，本會將視作回收物處理。7. 任何回收物品/物資均屬FoE (HK) 所有，未經批准不得擅自取走。8. 參加者參與此活動，即表示同意本活動之免責聲明。9. FoE (HK) 保留最終決定權。10. 本活動由承辦商主辦，屋苑僅提供場地，活動或會因天氣或不可抗力之因素取消，住戶應先向活動承辦商確認後才前往，敬請留意。



貝沙灣



惜物換物 環保回收計劃 Swap 'n' Go Green

22 March 2026 (Sunday)
Roundabout at Tower 8,
Phase 1, Bel-Air

10:00-18:00
(Lunch Time: 13:00-14:00)

Aims

Accepted Items:

reusable clothes, shoes, bags, stuffed toys, toys, small appliances (no larger than 60x60x60 cm)

Please support Friends of the Earth(Hong Kong)'s "Swap 'n' Go Green". Donate items that you no longer need but are still in good condition in exchange for stuff you need. This allows pre-owned items to be shared with those in need and helps reduce municipal solid waste.

At the same time, we hope to encourage everyone to develop good recycling habits and embrace a low-carbon lifestyle!

**Before participating in the event, please be sure to review the following disclaimer.



Swap Rules

3kg - 5kg

toilet paper (1)

6kg - 10kg

toilet paper (1) + soft drinks (1)

11kg - 20kg

toilet paper (2) + soft drinks (1)

21kg - 30kg

toilet paper (1) + household cleaner (1) + soft drinks (1)

31kg - 40kg

household cleaner (1) + cooking oil (1)

41kg Above

household cleaner (1) + cooking oil (1) + toilet paper (2) + soft drinks (1)

Exchange items
by weight for
household gifts

*Please refer to the
attached image for
exchange guidelines.

*Disclaimer:

1. If the Hong Kong Observatory issues a Red or Black Rainstorm Warning Signal, or Typhoon Signal No. 3 or above within two hours before or during the event, or if severe weather conditions occur before or during the event, the activity may be shortened or cancelled. Please call the estate for details before recycling. 2. Recycled items will be weighed to one decimal place and rounded to the nearest tenth. Gifts are limited in quantity and available while stocks last. 3. The acceptance of other recyclable items will be at our discretion, and we reserve the right to make the final decision. 4. FoE(HK) retains absolute rights to use all photographs, videos, or portraits taken during the event. 5. Participants are responsible for the safety of their personal belongings. FoE(HK) and its staff members shall not be held liable for any personal injury, loss, or theft occurring before, during, or after the event, whether direct or indirect (including personal injury or property loss). Participants may not claim compensation or pursue liability. 6. Any items left at or near the recycling points during recycling will be treated as recyclable materials. 7. All recycled items/materials belong to FoE(HK) and may not be removed without authorization. 8. By participating in this event, participants agree to the terms of this disclaimer. 9. FoE(HK) reserves the right of final decision. 10. The event is organized by contractor, Estate only provides the venue for support. It may cancel due to weather or other force majeure factors. Residents should confirm with the contractor before going. thank you for your attention.